



## Boletín de Novedades Bibliográficas y Hemerográficas

### Avisos

#### Acceso Remoto

El servicio de Acceso Remoto se ofrece por la Dirección General de Bibliotecas de la UNAM, el cual permite mediante una clave y contraseña, acceder a las colecciones digitales de sus catálogos, desde cualquier conexión a internet fuera de la redUNAM.

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24 de Agosto de 2015

Nº 17

#### Contenido:

Avisos 1

Curso 1

Novedades bibliográficas 2-5

Revistas - Fascículos Adquiridos recientemente 2-3

Artículo recomendado 4

Recomendación digital 5

#### Curso de Búsqueda de Información Psicológica en Bases de Datos

El Centro te invita a participar en los cursos de Búsqueda de Información Psicológica en bases de datos (duración 10 hrs.), cuyo fin es contribuir al alcance de competencias (conocimientos, habilidades y aptitudes) que le permitan al estudiante y académico identificar sus necesidades de información y utilizar diferentes formatos, medios y recursos físicos o digitales.

FECHAS	HORARIOS
<p><b>Septiembre</b></p> <p>07 al 11, 14 al 18 y 21 al 25</p>	<p>10:00 A.M -12:00 P.M 12:00 P.M - 14:00 P.M 17:00 P.M - 19:00 P.M</p>
<p><b>Octubre</b></p> <p>Del 28 sept. al 02 oct., 05 al 09, 12 al 16, 19 al 23 y 26 al 30</p>	<p>10:00 A.M -12:00 P.M 12:00 P.M - 14:00 P.M 17:00 P.M - 19:00 P.M</p>

#### Frases para recordar

“El libro que no soporta dos lecturas no merece ninguna”.

José Luis Martín Descalzo

#### Informes:

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Ubicación: Av. Universidad 3004, Col. Universidad Nacional Autónoma de México, C.U., Delegación Coyoacán,

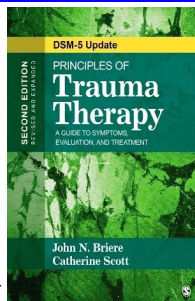




Centro de Documentación  
 “ Dr. Rogelio Díaz Guerrero”  
 Novedades bibliográficas

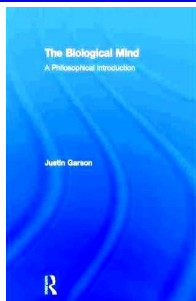


**Briere, John N. (2015) Principles of trauma therapy. Los Angeles: Sage publications.**

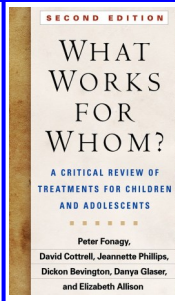


Book description: This popular text provides a creative synthesis of cognitive-behavioral, relational, affect regulation, mindfulness, and psychopharmacologic approaches to the "real world" treatment of acute and chronic posttraumatic states. Grounded in empirically-supported trauma treatment techniques and adapted to the complexities of actual clinical practice, this book is a hands-on resource for front-line clinicians, those in private practice, and graduate students of public mental health.

**Garson, Justin (2015). The biological mind A philosophical introduction. London: Routledge.**



Book description: The Biological Mind: A Philosophical Introduction uses the philosophy of biology to introduce and assess the nature of the mind. Drawing on the four key themes of evolutionary biology; molecular biology and genetics; neuroscience; and biomedicine and psychiatry Justin Garson addresses the following key topics; moral psychology, altruism and levels of selection; evolutionary psychology and modularity; genes, environment and the nature-nurture debate; neuroscience, reductionism and the relation between biology and free will; function, selection and mental representation.

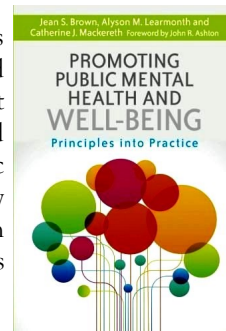


**Fonagy, Peter (2015) What works for whom? A critical review of treatments for children and adolescents. London: The Guilford Press.**

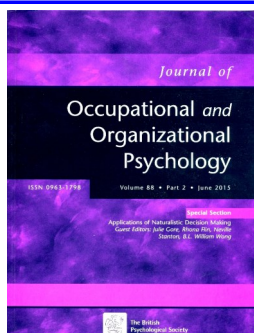
Book description: This work synthesizes findings from hundreds of studies of mental health treatments for children and adolescents. Chapters on frequently encountered clinical problems systematically review the available data, identify gaps in what is known, and spell out recommendations for evidence-based practice. The authors draw on extensive clinical experience as well as research expertise. Showcasing the most effective psychosocial and pharmacological interventions for young patients, they also address challenges in translating research into real-world clinical practice.

**Brown, Jean S. (2015) Promoting public mental health and well-being. London: Jessica Kingsley Publishers.**

Book description: This book explores the social, economic, political, cultural and environmental factors that affect mental health and well-being on a societal and individual level, and how prevention and intervention can enhance mental health. Taking a holistic approach to mental health, the book sets out effective strategies, from creating a supportive environment to building personal skills. Three extended case studies demonstrate how principles can be applied in practice in different situations: a specific social problem (suicide); a population group (young Black and minority ethnic groups); and a medically defined problem (people with long term conditions). This is an essential book for all those involved in mental health services and promotion, from service commissioners to front-line practitioners, as well as mental health and public health students.



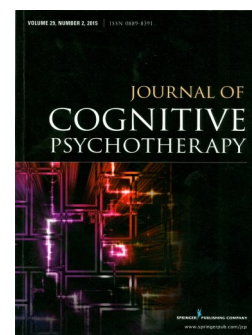
Revistas – Fascículos adquiridos



Journal of occupational and organizational psychology  
 Vol. 88 Part 2 June 2015



Salud Mental  
 Vol. 38 (3) Mayo-Junio 2015

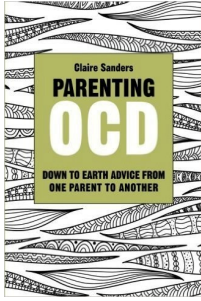


Journal of Cognitive Psychotherapy  
 Vol. 29 (2) 2015



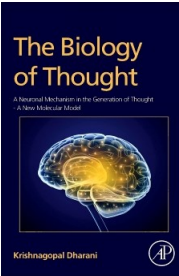


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 Novedades Bibliográficas



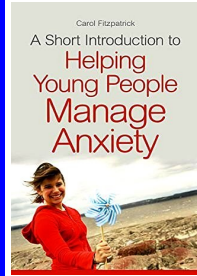
**Sanders, Claire (2015) Parenting OCD**  
*Down to earth advice from one parent to another.* London: Jessica Kingsley Publishers.

Book description: Claire Sanders has been managing her son's severe OCD for more than 8 years and, although there are no quick fixes, she has learn a few tips along the way. These cover what is involved in getting a diagnosis, what to expect in therapy, how to cope with panic attacks, how it might affect the rest of your family and how you might feel as a parent. She talks with honesty and humour about these and other aspects of her son's illness providing practical advice and insight from one parent to another.



**Dharani, Krishnagopal (2015). The Biology of Thought**  
 Amsterdam: Academic Press.

Book description: This work demonstrates how electrochemical events occurring at the neuron may interact with the molecular mechanisms to generate thoughts. In other words, the book lays out *biological foundations* to the generation of thought - for this reason titled, *The Biology of Thought*; the hitherto *abstract thought* is finally shown to have a solid *physical origin* in the neurons.

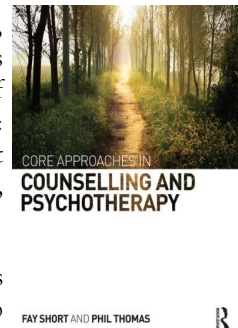


**Fitzpatrick, Carol (2015). A short introduction to helping young people manage anxiety.**  
 London: Jessica Kingsley Publishers.

Book description: This guide provides information about the different types of anxiety and why some young people experience anxiety, and is full of advice and tips on how to help and support young people. As well as common types of anxiety such as generalised anxiety disorder and social anxiety disorder, it also covers issues or disorders that can occur alongside anxiety such as depression and self-harm. Case studies feature throughout the book to illustrate real-life situations and includes self-help tips for young people to help them manage their anxiety.

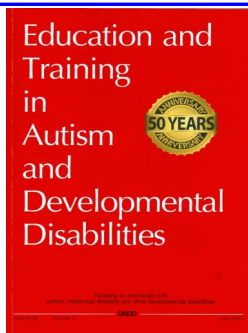
**Short, Fay (2015) Core approaches in counselling and psychotherapy.** New York: Routledge.

Book description: This is a guide to the four main psychological approaches (Humanistic, Psychodynamic, Behavioural and Cognitive) and introduces several of the most common therapies used today. This textbook contains sufficient coverage to explain all of the most important elements of these core approaches and sufficient depth to provide a detailed analysis of the ten main therapies: Person-Centred Therapy, Psychoanalytic Therapy, Behaviour Therapy, Cognitive Therapy, Gestalt Therapy, Transactional Analysis, Rational Emotive Behaviour Therapy, Cognitive-Behaviour Therapy, Multimodal Therapy and Neurolinguistic Programming.



The book focuses on the development of each approach and presents the associated therapy in its historical and psychological context, giving a deeper insight into the theories and clarifying the overlap between different therapies.

Revistas - Fascículos adquiridos



Education and training in autism and developmental disabilities  
 Vol. 50 (2) June 2015



The Behavior Analyst  
 Vol. 38 (1) May 2015

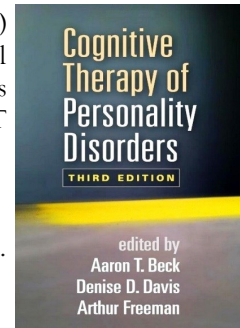


Intellectual and Developmental Disabilities  
 Vol. 53 (3) 2015



*Beck, Aaron T. (2015). Cognitive therapy of personality disorders. Third Edition. London: The Guilford Press.*

Book description: This widely used practitioner resource and training tool is the definitive work on understanding and treating personality disorders from a cognitive-behavioral therapy (CBT) perspective. Chapters addressing 12 specific disorders are organized around vivid, instructive clinical examples. The book provides up-to-date scientific knowledge about each disorder and describes effective strategies for differential diagnosis, case conceptualization, implementing individualized CBT interventions, and overcoming roadblocks.

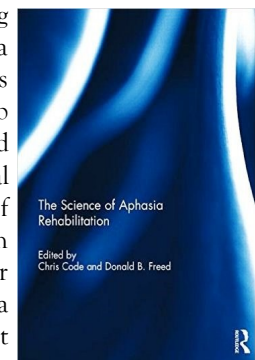


New to This Edition

- \*Chapters on neural mechanisms, cultural diversity issues, and depressive personality disorder.
- \*Chapters on co-occurring disorders and management of clinical challenges.
- \*Discusses DSM-5 concepts and diagnostic criteria.
- \*Reviews advances in assessing personality beliefs.

*Code, Chris (2014). The Science of Aphasia Rehabilitation. London/New York: Routledge.*

Book description: This book examines the rehabilitation of language disorders in adults, presenting new research, as well as expert insights and perspectives, into this area. The first chapter presents a study on personalised cueing to enhance word finding. Cynthia K. Thompson and her colleagues contribute a chapter describing The Northwestern Naming Battery and its use in examining for verb and noun deficits in stroke-induced and primary progressive aphasia. Heather Harris-Wright and Gilson J. Capilouto examine a multi-level approach to understanding the maintenance of global coherence in aphasia. Kathryn M. Yorkston and colleagues provide discussion on the training of healthcare professionals, and what speech and language pathology and medical education can learn from one another. Yorkston also presents a systematic review asking whether principles of motor learning can enhance retention and transfer of speech skills. Connie A. Tompkins present a single-participant experiment examining generalization of a novel treatment for coarse coding deficit in right hemisphere damage. Finally, Chris Code returns to the topic of apportioning time for aphasia treatment.



## Artículo recomendado:

### Positive motivational interviewing: Activating clients' strengths and intrinsic motivation to change.

**Csillik, Antonia.**

Laboratory of Clinical Psychology, Department of Psychology, University of Paris Ouest Nanterre, Nanterre, France.

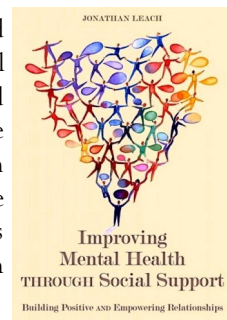
**Abstract:** Motivational interviewing (MI) is a widely disseminated, scientifically-tested method of psychotherapy, which combines a supportive, collaborative and empathic counselling style with a consciously directive method as a means to positively resolve tension created by unresolved ambivalence about change. This article outlines MI as a positive approach to psychotherapy and considers some of its core concepts: the client-centered attitudes and its links with positive psychology interventions (PPIs). The objective of this article is to present MI in the light of positive psychology (PP) in order to build bridges between the two and to gain a better understanding of the processes involved in positive behavior change with both MI and PPIs. The review of the literature shows the strong links that exist between PP and MI: they have much to offer each other. MI is a strength-focused approach that builds on client's resources and skills and is an important example of how client-centered approaches to psychotherapy operate their effects. MI has a theoretical and practical flexibility and is a well proven approach for increasing intrinsic motivation to change. PPIs could be used combined with MI, in order to increase adherence to psychotherapy, as the PPIs, often delivered in self-help format, request effort and motivation. Integrating MI with the PPIs could also produce synergistic effects and lead thus to better outcomes. We propose several examples of how MI can be integrated with other forms of PPIs. Finally, implications for clinical practice and further research are discussed.

**Key concepts:** client centered therapy, motivational interviewing, positive psychology, intrinsic motivation, empathy.

Journal of Contemporary Psychotherapy. Vol.45(2), Jun 2015, pp. 119-128.

*Leach, Jonathan (2015). Improving mental health through social support. London/Jessica Kingsley Publishers.*

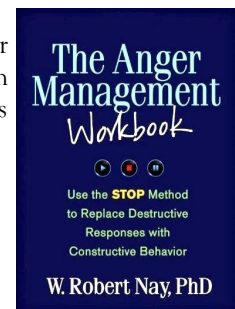
Book description: Social support is the everyday assistance offered by family, friends, neighbours and colleagues, as well as the foundations of support in a range of non-clinical settings, and plays a vital role in a person's mental health and wellbeing. This book examines the nature of social support and offers a practical approach to how it can be enhanced. Focusing on the relationships between service users and supporters, it examines service users' experiences of issues of identity, stigma, social exclusion and social networks. Individual chapters look in depth at how social support is enacted in close relationships, educational institutions and in the world of employment. The nature of 'community' is explored with particular reference to how service users can be supported into greater engagement with social networks.



*Nay, W. Robert (2014). The anger management workbook. Use the STOP method to replaced destructive responses with constructive behavior. New York/London: The Guilford Press.*

Book description: Out-of-control anger can destroy relationships, reputations, careers—even your health. Using step-by-step learning exercises based on state-of-the-art knowledge about how the brain works, you can break old habits and replace them with more productive new ones. Dr. Nay's breakthrough STOP Method (Stop, Think, Objectify, and Plan) helps you:

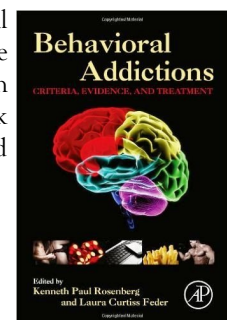
- \* Understand how anger flares up in your brain and body—and how you can lower the heat.
- \* Identify the fleeting yet powerful thoughts that fuel destructive anger.
- \* Replace aggression with appropriate assertiveness.
- \* Effectively communicate your thoughts, feelings, and needs.
- \* Defuse conflicts and find "win-win" solutions.



*Rosenberg, Kenneth P. (2014). Behavioral addictions Criteria, evidence and treatment. Amsterdam: Academic Press.*

Book description: *Behavioral Addictions* is the first text ever written on the subject of behavioral addictions. This comprehensive work explains the criteria used to determine addiction, the evidence for identifying assorted behaviors as addictions, and the evidence-based treatment for each. With contributions from preeminent experts covering an exhaustive list of behavioral addictions, this book is unique in its coverage of behavioral addictions, their criteria, and treatment. It is a valuable and timely resource for any clinician treating addictions.

- \* A guide to understanding the new DSM-V designation of behavioral addiction
- \* Defines the criteria for behavior to be considered an addiction designation
- \* Discusses the evidence for behaviors meeting addiction criteria
- \* Presents evidence-based treatment for each behavioral addiction



## Recomendación digital:

**CLASE** (Citas Latinoamericanas en Ciencias Sociales y Humanidades): Es una base de datos bibliográfica elaborada por la Dirección General de Bibliotecas de la Universidad Nacional Autónoma de México. Creada en 1975, CLASE ofrece más de 350 mil registros bibliográficos de artículos originales, ensayos y otros documentos publicados en más de 1,500 revistas de América Latina y el Caribe, especializadas en ciencias sociales y humanidades, por ejemplo: administración y contaduría, antropología, arte, ciencias de la comunicación, ciencia política, derecho, economía, educación, filosofía, geografía, historia, literatura, psicología, relaciones internacionales, sociología, etc.

La base de datos se actualiza diariamente y más de 10 mil registros son agregados cada año.

Los registros de las revistas indizadas en CLASE pueden consultarse en <http://clase.unam.mx> y en <http://biblat.unam.mx>. Los indicadores bibliométricos obtenidos de las publicaciones indizadas en **Clase** pueden consultarse en **Biblat**: <http://biblat.unam.mx>.

